

Jamie Chapman

(He/Him)



Cognitive Behavioural Therapist (CBT Therapist)

Experience:

I have over 8 years of experience working in mental health services as a therapist, across both children and adult services. This includes working for the NHS, Schools and Mental Health Charities.

What People say about me:

Supportive
Good sense of humour
Kind
Good Listener
Approachable
Friendly



Random facts about me:

I once entered a competition to name all the flags of the world in the quickest time. I managed to name all 197 flags but finished 7th.

I was a football referee for 5 years.

Hobbies

Playing Saxophone and Clarinet

Watching Luton Town matches

Reading Books and Comics

Walking my dog - Poppi (When she isn't sun bathing!)





Hello, my name is

GEORGIA CONWAY

Pronouns: She/Her

Job Role: Education Mental Health Practitioner

MY PET



MY EXPERIENCE

I have worked for the Mental Health Support Team since 2021 supporting young people with their wellbeing. Before this I have lots of experience supporting both adults and children in care homes with their wellbeing and living their life to the fullest! I also worked with the participation team supporting and enabling young people to have their voices heard within services.

HOW PEOPLE WOULD DESCRIBE ME:

Funny

Clever

Kind



WINSTON



FUN FACTS:

I HATE FRUIT BUT LOVE VEGETABLES

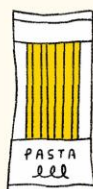
I LOVE READING AND COULD STAY UP ALL NIGHT TO FINISH A BOOK

MY FAVOURITE WAY TO SPEND TIME IS MUDDY WALKS WITH MY DAUGHTER, PARTNER AND PUPPY!



FAVOURITE ANIMAL

FAVOURITE FOOD



FAVOURITE COLOR

LUCY'S ONE PAGE PROFILE



My dog Lilly 🐶

Lucy Cunningham (she/her)
Education Mental Health Practitioner (EMHP)
Corby Mental Health Support Team (MHST)

My experience:



I have worked for Corby MHST as an EMHP since September 2021. As part of this role, I have supported children and young people in schools in Corby for 1:1 support, group support and workshops. I have also supported parents and staff within schools.

Before becoming an EMHP, I have worked as a learning support assistant in a special educational needs school and have also worked with adults with mental health difficulties.

I lived and went to University in Nottingham for 4 years, studying a 3-year Psychology undergraduate degree and a 1-year master's degree in Psychological Wellbeing and Mental Health.

About me:

Outside of work, I enjoy spending time with family, friends and my partner. I love going out for nice food (especially Mexican food!) and catching up with the people I love. I also love cuddling up in bed with a fluffy blanket and my dog Lilly, watching a drama series on Netflix or ITV. I am also currently trying to get into reading as a new hobby.

My favourite animal is a monkey, but my spirit animal is a sloth  

Things that my family, friends and colleagues would say about me:



Things that are important to me:

- Making a difference
- Helping and support people
- Feeling like I am going above and beyond
- Looking after myself physically and mentally
- To be a good friend/daughter/girlfriend/sister/colleague/practitioner

Hello

Emma Lander

((she/her))



Hi, I'm Emma and I'm a Trainee Education Mental Health Practitioner. I work in the Kettering Mental Health Support Team.

I have worked as a midwife and as a Life Story Worker, working with adopted children and children who live with foster carers.

I really enjoy working with children and young people, because I think they have interesting things to say. ✨

I am friendly, cheerful and kind and try to find fun ways to do things.

I have 2 sons; one is in primary school and one is in secondary school.

My dog Indy



ALL ABOUT ME



Fun facts

I have been in a big hurricane

I am left-handed

I have fed a giraffe



Here's a little bit about

the things I like



✨ Favourite films: Avengers

✨ Favourite food: crisps

✨ Favourite drink: iced coffee

✨ Favourite day out: visiting a theme park



✨ I love animals, especially dogs I also like swimming, going to concerts and console gaming with my sons.

✨ I enjoy having a go at outdoor activities and would like to try paddle boarding and rock climbing.



Hannah Parker-Wiggins

She/Her

**Trainee Education
Mental Health Practitioner**

Who I am

Hi, I'm Hannah,
I work in the Kettering 2 Mental
Health Support Team as a trainee
education mental health
practitioner.

I have a passion to support
children and young people in
accessing the best service
available to them.

I have previously worked within the
school nursing team, delivering
workshops to parents and young
people; assisting with wellbeing,
emotions and sleep.

Important to Me

- Supporting young people and their families to make a difference in their lives
- Listening to others and being reflective
- Having a laugh and having fun!

I Like...



Live Music

Movies



Halloween

What people like about Me

- Kind, Friendly and Helpful
- Good Listener
- Caring
- Honest

HI, I'M MOLLY (SHE/HER)



ONE PAGE PROFILE

Job Title: Trainee education
mental health practitioner

WHAT I DO...

I'm currently training as an Education Mental Health Practitioner. Previously I was a teaching Assistant in a Primary school. Here are some things I think you would like to know about me!



yep. That's Me!

WHAT PEOPLE LIKE ABOUT ME...

- Kind
- Caring
- Helpful
- A great listener
- Enthusiastic

FUN FACTS ABOUT ME!

- When I was 18, I completed a Skydive from 13,000ft and it was amazing!
- I am left handed
- I am a dog Mum



Iggy

SOME OF MY FAVOURITES!

- Animals
- Baking
- going to the gym
- Travel
- Live music

WHAT'S IMPORTANT TO ME AT WORK...

- Supporting children, young people and their families to the best of my ability
- developing trusting and therapeutic relationships
- having fun!
- creating a safe space

Be Kind To Your Mind



ABOUT Me



Hi, I'm Sarah

(she/her)

Trainee Education Mental
Health Practitioner

I studied Psychology at University and have 10 years of experience teaching primary school children in the UK and abroad. I will be helping children and young people in the Kettering area.

What is important to me

Kindness and helping others

My friends and family

Spending time in nature

What people say about me

Smiley and positive

Patient and caring

Kind and thoughtful

My favourites

Colour: Green

Food: Chocolate or apple
crumble

Place: Norfolk

Book: The BFG

Film: Jurassic Park

Hobby: Watching live music

Fact about me

I love to travel and have lived in Australia, Canada, Thailand and Brazil.

